



I am very thankful for all those that made last month's Mid Mod Barrington fundraiser a success. Over 300 guests toured 10 beautiful Mid Century Modern homes in the area.

We are grateful to the homeowners, volunteers and sponsors who made this event possible. Because of their support we were able to raise \$24,000 to support our services.

This month we will be doing lots of celebrating together at the Monday lunch & bingo program! Join us for the Veteran's Day celebration on November 11 and Thanksgiving Luncheon on November 25.

Click the link below to see all of our November activities.

[Bacoa November Calendar of Events](#)

The Bacoa office will be closed on Thursday & Friday November 28 - 29 in observance of Thanksgiving.

I am grateful for the entire Bacoa community, and I wish you and your family a wonderful Thanksgiving.

- Sue McNamara
Administrative Executive Director



[Learn More](#)



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ENJOY A FREE THANKSGIVING DINNER!

THE BLUE HERON CAFE AND LOUNGE IN BARRINGTON IS ONCE AGAIN PROVIDING FREE THANKSGIVING DINNERS FOR LOW-INCOME AND OLDER ADULTS IN THE BARRINGTON AREA!

Meal Delivery on Thanksgiving Day between 10 AM - 1 PM. Call Bacoa by Nov 7th at 847-381-5030 to order your meals.



TIME TO REVIEW YOUR 2025 MEDICARE PRESCRIPTION DRUG PLAN

SHIP Counseling appointments have been added. Come make sure you are on the best plan for your prescriptions.

Call today for an appointment to review your plan. (847)381-5030

The Art of Disappearing + Post-Show Alzheimer's Discussion



Sunday, November 17

3:00 @ Barrington's White House

FREE

A rehearsed reading of Stephanie Alison Walker's play about family secrets and self-discovery.

[Get Tickets to Reading + Discussion Here](#)

Experience a powerful rehearsed reading of "The Art of Disappearing" by Stephanie Alison Walker, directed by Lorena Diaz, Artistic Director of Teatro Vista.

The play follows Melissa, who returns home after a two-year estrangement to uncover devastating family secrets. As her mother practices the art of disappearing, Melissa must decide whether to fight for her family or disappear herself. This thought-provoking play was a Primus Prize 2016 Finalist and is published by Broadway Play Publishing, Inc.

Exciting news! Our post-show discussion panel will include a trio of professionals who work with people impacted by Alzheimer's. This promises to be a rich discussion centered on families and caregivers of loved ones impacted by this devastating disease.

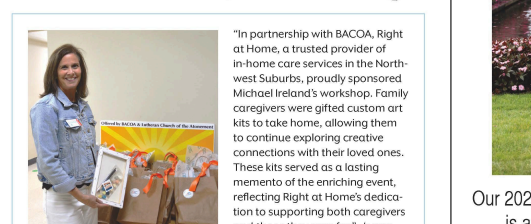
Pam Pellizzari, CDP, CMDCP-Memory Programs Manager for Bacoa

Susan Frick, LMSW, at Rush – Director of Without Warning, a support program for individuals and families who live with younger onset Alzheimer's.

Deb Torres, LSCW, practicing in Barrington who helps families navigate a variety of challenges in her counseling practice including the journey of dementia.

Bacoa in the News

ARTS & CULTURE



Bacoa's "A Day Out" Program Features Watercolor Painting

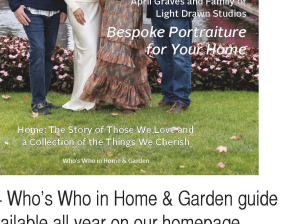
ON THURSDAY, September 26, Bacoa held its "A Day Out" Adult Day program activity with painter Michael Ireland. The event was held at Lutheran Church of Amenities in Barrington. Bacoa created this opportunity to share the many benefits of using the creative arts to communicate and connect with people living with Alzheimer's and related dementias.

ABOUT MICHAEL IRELAND
Michael Ireland has participated in the creative process for over 50 years beginning with his studies at the American Academy of Art in Chicago. He soon developed a passion for the medium that continued throughout his life and career. Today Michael is a nationally recognized fine artist whose technique challenges the scale and format associated with traditional transparent watercolor. To learn more, visit bacoa.org and irelandwatercolors.com.

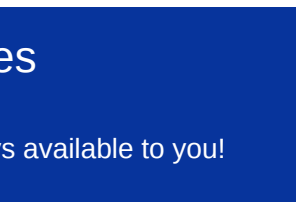


"In partnership with BACO's Right at Home, a trained provider of in-home care services in the Northwest Suburbs, proudly sponsored Michael Ireland's workshop. Family caregivers were gifted custom art kits to take home, allowing them to continue exploring creative connections with their loved ones. These kits served as a lasting memento of the enriching event, reflecting Right at Home's dedication to supporting both caregivers and those they care for." - Lynn O'Malley, Right at Home Community Liaison and Educator

QUINTESSENTIAL BARRINGTON



Watercolor artist Michael Ireland



Michael Ireland created this painting for the group to paint step-by-step with his and volunteer helper's guidance.

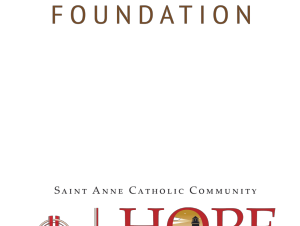
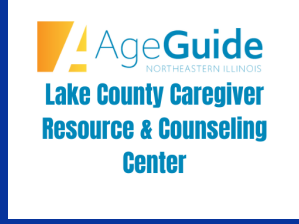


Our 2024 Who's Who in Home & Garden guide is available all year on our homepage. Visit qbarrington.com

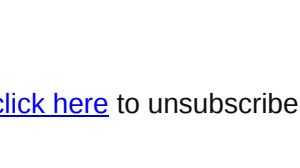
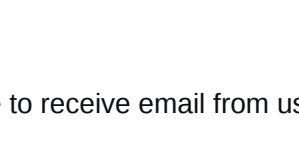
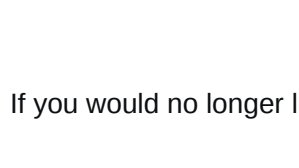
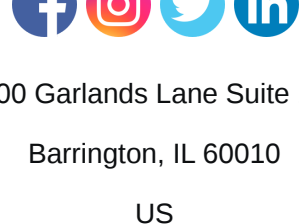
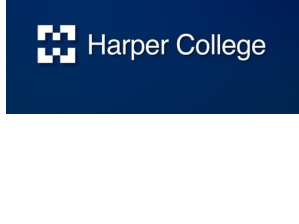
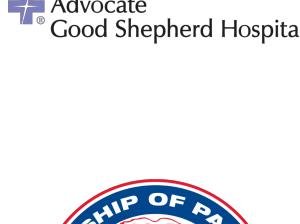
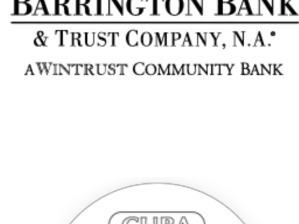
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Social Services

Here are some social services always available to you!



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